

### Self - Care

- Explore different body parts using the curriculum guidance.
- Encourage use and exploration of the senses.

### Rights & Responsibilities

- Explore actions of the body and whether they are expected or unexpected in school.

### The World Around Us

- Explore different celebrations that are significant to us.
- Exploring the importance of keeping ourselves safe in different weather by dressing appropriately.

# Magical Me!

## Apple Base (Year A)

Autumn Term

A fun topic to encourage children to think about themselves and their bodies. Recognising that they are important and magical and that's why we should take good care of ourselves and keep safe.

### Community Involvement

- Recognising our value and noticing the importance of keeping ourselves safe by exploring Road Safety.

### British Values

- Recognising that we can make our own choices because we are important. (Individual liberty.)
- Identifying our favourite things.

### Life Skills and Employment

- Develop social skills and attentional control by exploring play that the children will deem as "magical."

| <u>Useful links</u> | <u>Related books / texts</u>                                                                                                                | <u>Videos</u> | <u>Activity suggestions</u> | <u>Visit ideas</u> |
|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------|-----------------------------|--------------------|
|                     | <a href="https://schoolreadinglist.co.uk/books-for-topics/all-about-me/">https://schoolreadinglist.co.uk/books-for-topics/all-about-me/</a> |               |                             |                    |

**Key dates:**

Getting to know you week – Early September

National Fitness Day – 18<sup>th</sup> September

ADHD Awareness Month – October

World Mental Health Day – 10<sup>th</sup> October