

Relationship and Health Education at Westfield



Intent

At Westfield school we recognise that our pupils will have varying degrees of social cognitive deficits relating to their SEN and that learning outcomes are rarely learned to full competence within a set time period. Therefore, our intent is that all children at Westfield school have access to learning opportunities which help to develop their knowledge and understanding at a level which reflects their current level of development in particular strands.

- Joint attention/engagement
- Interoception
- Emotional recognitions of others
- Strategies to support re-regulation
- Social thinking
- Social problem solving

Implementation

RHE is both explicitly taught and implicitly reinforced in a child's day to day experience in Westfield School. It is covered as part of Westfield School Social and Emotional Curriculum and in combination with Social Thinking and Joint Attention, part of our Speech and language therapy universal provision.

An interactive bank of life skills resources are being used to increase motivation and engagement in the RHE curriculum. The Arousal Wheel and Emotion Wheel are used as a visual tool to identify and communicate their own and other's emotions. Our school subscribes to the 1 Decision program which offers an interactive bank of life skills which are motivating to pupils with limited joint attention, increasing engagement in the subject. Westfield has also implemented the Mindfulness in Schools program to support the emotional health and wellbeing of its pupils.

Impact

All Westfield School pupils will have a personalised APDR target linked to RHE. Targets will be set by teaching staff and reviewed by a multi-disciplinary team. Relevant staff will monitor coverage and progress through the half termly target reviews. The impact of this being that every child will advance in his/her own personal understanding and use of social cognitive skills.