

Registration Form

Please fill in this form and send it with your payment to:

Christ Church Centre
Chapel Road
Flackwell Heath
HP10 9AA

Title

First name

Surname

Address

.....

Postcode

Email

.....

Daytime telephone number

Evening or mobile number.....

I enclose a donation of £

Suggested donation £8.00 per person. If you cannot afford the full amount then we would ask you to pay what you can afford.

Cheques payable to **Flackwell Heath PCC**

Where did you hear about us

.....

Christ Church would like to keep you informed about other activities, courses or events .

You may unsubscribe at any time.

Sign me up please

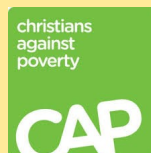
☐

CF/SN - 21

**Time out
for Parents**

Children with special needs

*"It was great to
explore solutions
to problems on
the basis of what
works – not
what's meant to
work!!"*



**Time out
for Parents**

A course for parents /
carers with

Children with special needs

Age 3 - 11



2022 COURSE DETAILS

DATES

Friday mornings
4th, 11th, 18th February
4th, 11th, 18th & 25th March
No session in the half term week

TIME

9.30am - 11.30am
(coffee from 9.15am)

WHERE

Christ Church Centre
Chapel Road
Flackwell Heath
HP10 9AA

COST

£8.00 (to cover cost of materials)
Refreshments provided

Need more information?

Please contact us via
families@ccfh.org.uk
01628 533004



A seven week programme exploring:

- ◆ Parenting children with special needs
- ◆ Self esteem
- ◆ Coping with feelings
- ◆ Understanding behaviour
- ◆ Managing behaviour
- ◆ Home and school
- ◆ The wider family

How it works?

We start with coffee, introduce the topic for the week and in a relaxed and informal way have the opportunity to share experiences and discussion. Each week there will be a suggested activity for you to try at home!

Who is it for?

This seven week course is designed for parents and carers of children aged between 3 and 11 with a disability or special needs, particularly those who have learning disability or behavioural issues.

Who designed the course?

The charity Care for the Family designed the course and has developed an excellent reputation over the twenty five years they have been founded.

What does it cover?

Parents of children with special needs often feel isolated and frustrated that standard 'parenting advice' sometimes doesn't work! Recognising the reality of parenting a child with special needs, the sessions help parents explore how they can talk to their child about their differences and how to recognise and cope with feelings and experiences.

Who is running it?

Local volunteers who have been trained by Care for the Family will guide you through the course.