

TIME OUT FOR PARENTS



CHILDREN ON THE AUTISM SPECTRUM

Sessions for anyone parenting autistic children aged 3 to 11

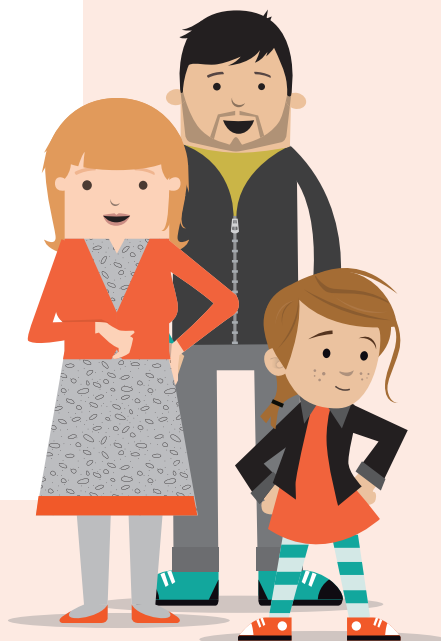
Christ Church
Chapel Road
Flackwell Heath
HP10 9AA

Course Starting Tuesday
25th April to Tuesday 16th
May 2023.

Refreshments from 9am,
course to start promptly at
9.30am, ends 11.30am

Cost £20 to include parent
handbook and refreshments,
Funded places available if
needed.

Bookings essential on
families@ccfh.org.uk



Common-sense, jargon-free information
and ideas to help you to engage with your
children and boost your relationship

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CHILDREN ON THE AUTISM SPECTRUM

Time Out for Parents courses from Care for the Family provide common-sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have autistic children aged 3 to 11, then *Time Out for Parents – Children on the Autism Spectrum* is for you. Over 4 sessions you'll increase your skills and confidence as a parent and discover practical tools to make your relationship with your child even better.

The sessions

Session 1 Understanding autism

Session 2 Understanding the autistic world

Session 3 Managing repetitive behaviour and restrictive and special interests

Session 4 Understanding and managing challenging behaviour



Care for the Family, Tovey House, Cleppa Park, Newport, NP10 8BA.
Tel: 029 2081 0800. cff.org.uk

Care for the Family is a Christian initiative to strengthen family life.
A registered charity (England and Wales: 1066905; Scotland: SC038497).